

Hospice Memorials

When you make a memorial gift or donation to CCHD Hospice you are ultimately helping patients and families receive compassionate care when they need it most. These donations go towards supplies, medications and medical equipment that are not otherwise covered. Thank you for choosing Craven County Health Department Home Health-Hospice. *Please make the check payable to **CCHD- Foundation**. And mail to:*

Craven County Health Department Home Health-Hospice
PO Drawer 12610
New Bern, NC 28561

Alan Smith

Johanna Glasgow
Nate Salisbury
Marion Goodmen
Doris Moser
Clifton R. Gooding
Charles Faulkenberry
Laughton's Garage
Doris Green
Laura Capshaw
James Garner
Linda Gaskins
Judy Buchanan
Donation to Hospice
Alton R. Lamm, Jr.
Grace A. Gumbrecht

Mary "Kathy" Libby

Jenny Elzy
Cape Fear Basketweavers
Patricia Wilson
Laila Markowski
Roger Mallard
Mary C. McCaffrey
Delores Frances Wynn
Constance Cowling
Jo Ann Murphy
Winnie Williams Cotton
Craven and Carteret Div.
of Juvenile Justice
Doris M. Murphy
J. P. Tyndall
Aylene Pollock
Karen Reed

Stella Clark

Paula Arrington
Theresa Goodwin
George and Patricia Kelly
Garnetta Gent
Georgia Dickinson
Henry S. Holton
JoAnn C. Gatlin
Robert Lee
Opal Lee
Helena Parr
Chris Riesbeck
Joe Wayne Whitford
Anita Harrison
Dot Birdsell
Donald B. Smith



Hospice News

Volume XXXIII, Issue 2 Summer 2013
Craven County Home Health-Hospice Agency

Quality Service in Craven County for Over 30 Years

A Decade of Giving, A Decade of Support

It's becoming a tradition here in New Bern— generous people coming together on an early Spring morning for a delicious breakfast, fellowship and the intent to help others. For the past 10 years, Craven County Health Department Foundation has conducted it's annual Hospice Spring Breakfast Fundraiser and each year New Bernians have come through.

The Breakfast was held on May 15th at the NC History Center. Ashley Williams, Hospice Social Worker, reminded everyone of a quote by Jim Rohn, "One person caring about another represents life's greatest value." He went on to say that the 250 people gathered on that Spring day were such people, ones that care. They may never know who they helped, or how



Hospice team— Courtney Chenoweth, RN, Ashley Williams, MSW Hospice Social Worker, Anne Bane, RN, Hospice Supervisor, and Michelle Talley, RN.

they helped, but they could be sure that their kindness helped someone on Hospice services. His message was poignant and to the point as he reiterated the fact that their generosity was greatly appreciated and didn't go unnoticed.

Jill Thompson, Director of CarolinaEast Foundation also spoke and gave an update on the In-Patient Hospice House plans. She said that

Frank Wilson getting ready for the big

could be sure that their kindness helped someone on Hospice services. His message was poignant and to the point as he reiterated the fact that their generosity was greatly appreciated and didn't go unnoticed.

"One person caring about another represents life's greatest value..."

CarolinaEast Medical Center has already promised \$2,000,000.00 and that the Capital Campaign would begin in the next few months. CarolinaEast Foundation plans to raise \$5,000,000.00 and begin the building process. Once the building is completed, Craven County Health Department Hospice will be ready to begin operation.

All in all, it was a great day to be from New Bern. People helping people and working together to accomplish great things. That pretty much sums up what the Spring Breakfast is all about. **Thank you for your support!!**



Jill Thompson and Eric Remington, two happy and successful "servers".

Craven County
Health Department
Home Health Hospice Agency
PO Drawer 12610
2818 Neuse Blvd



Hospice is a coordinated palliative and supportive care (physical, psychological, social and spiritual) for dying persons and their families. Services are provided in the home by an interdisciplinary team of professionals and volunteers. Bereavement care is available to the family.



RED, WHITE AND BLUEBERRY TRIFLE

Directions:

- Whisk the condensed milk and water in a bowl. Whisk in the pudding mix for 2 minutes. Let stand for 2 minutes or until soft-set; fold in the whipped topping.
- Arrange half of the cake in the bottom of a 14-cup trifle dish. Sprinkle evenly with a layer of blueberries. Spread half of the cream mixture over the blueberries and gently spread. Top with a layer of strawberries. Layer the remaining cake cubes on top of the strawberries, then add more blueberries and top with the remaining cream mixture. Finish with the remaining strawberries and blueberries, arranging them in a pretty pattern.
- Cover and refrigerate at least one 1 hour.

Ingredients:

- 10 oz angel food cake, cut into 1-inch cubes
- 2 pints strawberries, sliced
- 2 pints blueberries

For the cream filling:

- 6 tbsp fat-free sweetened condensed milk
- 1 1/2 cups cold water
- 1 package white chocolate instant pudding mix
- 12 oz fat-free frozen whipped topping, thawed



Craven County Hospice would like to print a Hospice Recipe Cookbook that everyone could enjoy. If interested in sending in your recipe, please mail to: Craven County Home Health-Hospice, PO Drawer 12610, New Bern, NC 28561 or e-mail your recipe along with a picture to: jwhitley@cravencountync.gov

Congratulations....

....to new Hospice Supervisor-Anne Bane, RN,. Anne has been a nurse for 20 years with the last 5 in Hospice nursing. She is also a licensed Massage Therapist. Welcome, Anne, to Craven County Health Department Hospice!

....to Kelly Farrington. Kelly won the tandem kayak that was provided by Great Outdoor Provision Company and raffled at the Relay for Life event by the CCHD team. The twenty man team participated in the event on April 26 and collectively walked many miles around the track to raise money and awareness for the American Cancer Society. Way to go, team!



Anne Bane, RN

Looking Forward...

Bereavement Support Group June 18– July 23, 2013. The support group is a six week long program that offers education, guidance and support related to the stages of grief. The session will be held at McCarthy Court Apartments on McCarthy Blvd. and will be facilitated by the Hospice Chaplain and Social Worker. Please register as space is limited by calling 636-4930.

Hospice Volunteer Training consists of a structured 12 hour program that includes topics such as the history and philosophy of Hospice, patient care, confidentiality, grief and bereavement plus much more. Intensive training is provided to make sure that the volunteer feels comfortable providing the excellent care that is the standard of the agency. For more information please call 636-4930.

Volunteer Recognition

Hospice Volunteers enjoy lunch at Ribeyes Steakhouse A volunteer luncheon was held at Ribeyes Steakhouse on April 30 to recognize and appreciate the Hospice Volunteers. The theme of the luncheon was “we celebrate our Stars.”

Volunteers are a very important part of the Craven County Health Department Hospice Agency. They help us by fulfilling requirements set out by Medicare, but more than that by being there for the patients and their families. They bring sunshine into those lives by offering some company to the ones who don’t want to be alone, listening or talking and visiting. Many volunteers also perform clerical work by helping with the Bereavement mailings, bulletin boards, and helping with the newsletters.

The volunteers were mailed handmade invitations with the constellation of Ursa Major drawn on the front . On the inside was written “Be glad of life because it gives you the chance to love, to work, to pray and to look up at the stars.” Polaris, other wise known as the North Star was prominently featured in the constellation on the front of the card. The North Star has been used for centuries for guidance-by sailors finding their way on the seas and travelers, who have used its brightness to see by and guide them on their way. Our Hospice Volunteers are our North Stars– we take our direction from them. Hospice volunteers shine in the community as the wonderful people that they are and make us proud. They shine the way for our us. The families of our patients look to these kind people for direction in tenderly caring for their loved ones, at this time of uncertainty. Not knowing what to do, they treasure the guidance the volunteers offer. And, finally, they shine the way for our patients as they travel from this life to the next. Thank you, Craven County Hospice Volunteers, for guiding us and for shining brightly for all to see.

Volunteer of the Year



Morag Cheesman receiving Volunteer of the Year 2013 plaque that will hang in the Home Health– Hospice hall at Craven County Health Department.

Hospice volunteers enjoy lunch at Ribeyes Steakhouse.



Morag Cheesman is Chosen Volunteer of the Year by Peers, and Staff at Craven County Hospice

Morag Cheesman began Volunteering at Craven County Health Department in 2009 and has been going strong ever since. Morag knew first hand how valuable Hospice could be and decided she wanted to be a part of it. She is a patient care volunteer, a Tuck-In Volunteer, a Bereavement volunteer, and will honestly do anything asked of her. Recently she helped pick up and deliver plants, programs and carafes for the Spring Breakfast. Morag is the type of person you can always count on and is our “star” this year.

“God’s promises are like the stars; the darker the night the brighter they shine”